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Florence Nightingale Journal of Nursing is an international, scientific, open access periodical published in accordance with independent, unbiased, and double-blinded peer-review principles. The journal is the official online-only publication of İstanbul University-Cerrahpaşa Florence Nightingale Faculty of Nursing, and it is published triannually in February, June, and October. The publication language of the journal is English. However, the journal accepts both Turkish and English manuscripts. The authors of the Turkish articles are required to send English version of their article after their manuscript is accepted.

The aim of the journal is to publish original research papers of the highest scientific and clinical value in nursing research, practice, education, and management issues. Florence Nightingale Journal of Nursing also publishes reviews, rare case report and letters to the editors.

The target audience of the journal includes nurses, academicians, clinical researchers, medical/health professionals, students, nursing professionals and related professional and academic bodies and institutions.

The editorial and publication processes of the journal are shaped in accordance with the guidelines of the International Committee of Medical Journal Editors (ICMJE), World Association of Medical Editors (WAME), Council of Science Editors (CSE), Committee on Publication Ethics (COPE), European Association of Science Editors (EASE), and National Information Standards Organization (NISO). The journal is in conformity with the Principles of Transparency and Best Practice in Scholarly Publishing ([doaj.org/bestpractice](http://doaj.org/bestpractice)).

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All expenses of the journal are covered by the İstanbul University-Cerrahpaşa. Processing and publication are free of charge with the journal. No fees are requested from the authors at any point throughout the evaluation and publication process. All manuscripts must be submitted via the online submission system, which is available at [www.fnjn.org](http://www.fnjn.org). The journal guidelines, technical information, and the required forms are available on the journal's web page.

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## INFORMATION TO AUTHORS

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Originality, high scientific quality, and citation potential are the most important criteria for a manuscript to be accepted for publication. Manuscripts submitted for evaluation should not have been previously presented or already published in an electronic or printed medium. The journal should be informed of manuscripts that have been submitted to another journal for evaluation and rejected for publication. The submission of previous reviewer reports will expedite the evaluation process. Manuscripts that have been presented in a meeting should be submitted with detailed information on the organization, including the name, date, and location of the organization.

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When you are discussing others' (or your own) previous work, please make sure that you cite the material correctly in every instance.

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3. Final approval of the version to be published; AND
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The manuscripts should be prepared in accordance with ICMJE-Recommendations for the Conduct, Reporting, Editing, and Publication of Scholarly Work in Medical Journals (updated in December 2018 - <http://www.icmje.org/icmje-recommendations.pdf>). Authors are required to prepare manuscripts in accordance with the CONSORT guidelines for randomized research studies, STROBE guidelines for observational original research studies, STARD guidelines for studies on diagnostic accuracy, PRISMA guidelines for systematic reviews and meta-analysis, ARRIVE guidelines for experimental animal studies, and TREND guidelines for non-randomized public behavior.

Manuscripts can only be submitted through the journal's online manuscript submission and evaluation system, available at [www.fnjn.org](http://www.fnjn.org). Manuscripts submitted via any other medium and submissions by anyone other than one of the authors will not be evaluated.

Manuscripts submitted to the journal will first go through a technical evaluation process where the editorial office staff will ensure that the manuscript has been prepared and submitted in accordance with the journal's guidelines. Submissions that do not conform to the journal's guidelines will be returned to the submitting author with technical correction requests.

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## **Preparation of the Manuscript**

**Title page:** A separate title page should be submitted with all submissions and this page should include:

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- Grant information and detailed information on the other sources of support,
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- Acknowledgment of the individuals who contributed to the preparation of the manuscript but who do not fulfill the authorship criteria.

**Abstract:** An abstract should be submitted with all submissions except for Letters to the Editor. The abstract of Research Articles should be structured with subheadings (Aim, Method, Results, and Conclusion). Please check Table 1 below for word count specifications.

**Keywords:** Each submission must be accompanied by a minimum of three to a maximum of five keywords for subject indexing at the end of the abstract. The keywords should be listed in full without abbreviations. The keywords should be selected from the National Library of Medicine, Medical Subject Headings database (<https://www.nlm.nih.gov/mesh/MBrowser.html>).

### Manuscript Types

**Original Articles:** This is the most important type of article since it provides new information based on original research. Acceptance of original papers will be based upon the originality and importance of the investigation. The main text of original articles should be structured with Introduction, Method, Results, and Discussion subheadings. Please check Table 1 for the limitations for Original Articles.

Statistical analysis to support conclusions is usually necessary. Statistical analyses must be conducted in accordance with international statistical reporting standards (Altman DG, Gore SM, Gardner MJ, Pocock SJ. Statistical guidelines for contributors to medical journals. *Br Med J* 1983; 7; 1489-93). Information on statistical analyses should be provided with a separate subheading under the Materials and Methods section and the statistical software that was used during the process must be specified.

Units should be prepared in accordance with the International System of Units (SI).

### Clinical Trials

Florence Nightingale Journal of Nursing adopts the ICMJE's clinical trial registration policy, which requires that clinical trials must be registered in a publicly accessible registry that is a primary register of the WHO International Trials Registry Platform (ICTRP) or in ClinicalTrials.gov. The name of the registry and the registration number should be provided in the Title Page during the initial submission.

### Data Sharing

As of 1 January 2019, a data sharing plan is required for the registration of clinical trials. Authors are required to provide a data sharing statement for the articles that reports the results of a clinical trial. The data sharing statement should indicate the items below according to the ICMJE data sharing policy:

- Whether individual deidentified participant data will be shared
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- When the data will be available and for how long
- By what access criteria will be shared

Authors are recommended to check the ICMJE data sharing examples at <http://www.icmje.org/recommendations/browse/publishing-and-editorial-issues/clinical-trial-registration.html>

Clinical trial and data sharing policy of the journal will be valid for the articles submitted from 1 March 2020.

**Editorial Comments:** Invited brief editorial comments on selected articles are published in the Florence Nightingale Journal of Nursing. Editorials should not be longer than 1000 words excluding references. Editorial comments aim to provide a brief critical commentary by reviewers with expertise or with high reputation in the topic of the research article published in the journal. Authors are selected and invited by the journal to provide such comments. Abstract, Keywords, and Tables, Figures, Images, and other media are not included.

**Review Articles:** Reviews prepared by authors who have extensive knowledge on a particular field and whose scientific background has been translated into a high volume of publications with a high citation potential are welcomed. These authors may even be invited by the journal. Reviews should describe, discuss, and evaluate the current level of knowledge of a topic in clinical practice and should guide future studies. The subheadings of the review articles should be planned by the authors. However, each review article should include an “Introduction” and a “Conclusion” section. Please check Table 1 for the limitations for Review Articles.

**Case Reports:** There is limited space for case reports in the journal and reports on rare cases or conditions that constitute challenges in diagnosis and treatment, those offering new therapies or revealing knowledge not included in the literature, and interesting and educative case reports are accepted for publication. The text should include Introduction, Case Report, and Discussion with an unstructured abstract. Please check Table 1 for the limitations for Case Reports.

**Letters to the Editor:** This type of manuscript discusses important parts, overlooked aspects, or lacking parts of a previously published article. Articles on subjects within the scope of the journal that might attract the readers’ attention, particularly educative cases, may also be submitted in the form of a “Letter to the Editor.” Readers can also present their comments on the published manuscripts in the form of a “Letter to the Editor.” Abstract, Keywords, and Tables, Figures, Images, and other media should not be included. The text should be unstructured. The manuscript that is being commented on must be properly cited within this manuscript.

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**Table 1. Limitations for each manuscript type**

Type of manuscript	Word limit	Abstract word limit	Reference limit	Table limit	Figure limit
Research Article	4000	250 (Structured)	35	6	5 or total of 10 images
Review Article	5000	250	50	6	10 or total of 15 images
Case Report	1000	200	15	No tables	4 or total of 8 images
Letter to the Editor	400	No abstract	5	No tables	No media

**Tables**

Tables should be included in the main document, presented after the reference list, and they should be numbered consecutively in the order they are referred to within the main text. A descriptive title must be placed above the tables. Abbreviations used in the tables should be defined below the tables by footnotes (even if they are defined within the main text). Tables should be created using the “insert table” command of the word processing software and they should be arranged clearly to provide easy reading. Data presented in the tables should not be a repetition of the data presented within the main text but should be supporting the main text.

**Figures and Figure Legends**

Figures, graphics, and photographs should be submitted as separate files (in TIFF or JPEG format) through the submission system. The files should not be embedded in a Word document or the main document. When there are figure subunits, the subunits should not be merged to form a single image. Each subunit should be submitted separately through the submission system. Images should not be labeled (a, b, c, etc.) to indicate figure subunits. Thick and thin arrows, arrowheads, stars, asterisks, and similar marks can be used on the images to support figure legends. Like the rest of the submission, the figures too should be blind. Any information within the images that may indicate an individual or institution should be blinded. The minimum resolution of each submitted figure should be 300 DPI. To prevent delays in the evaluation process, all submitted figures should be clear in resolution and large in size (minimum dimensions: 100 × 100 mm). Figure legends should be listed at the end of the main document.



All acronyms and abbreviations used in the manuscript should be defined at first use, both in the abstract and in the main text. The abbreviation should be provided in parentheses following the definition.

When a drug, product, hardware, or software program is mentioned within the main text, product information, including the name of the product, the producer of the product, and city and the country of the company (including the state if in USA), should be provided in parentheses in the following format: "Discovery St PET/CT scanner (General Electric, Milwaukee, WI, USA)".

All references, tables, and figures should be referred to within the main text, and they should be numbered consecutively in the order they are referred to within the main text.

Limitations, drawbacks, and the shortcomings of original articles should be mentioned in the Discussion section before the conclusion paragraph.

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While citing publications, preference should be given to the latest, most up-to-date publications. Authors are responsible for the accuracy of references. If an ahead-of-print publication is cited, the DOI number should be provided. Journal titles should be abbreviated in accordance with the journal abbreviations in Index Medicus/MEDLINE/PubMed.

Both in-text citations and the references must be prepared according to the American Psychological Association (APA) 6th edition. Please see citation examples for different types below.

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Citations must be indicated with the author surname and publication year within the parenthesis.

If more than one citation is made within the same parenthesis, separate them with (;).

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**Citations with one author;** (Akyolcu, 2007)

**Citations with two authors;** (Sayiner & Demirci, 2007)

**Citations with three, four, five, six authors;** First citation in the text: (Ailen, Ciambriune, & Welch, 2000) Subsequent citations in the text: (Ailen et al., 2000)

**Citations with more than seven authors;** (Çavdar et al., 2003)

## Reference List

All the citations done in the text should be listed in the References section in alphabetical order of author surname without numbering. Below given examples should be considered in citing the references. Abbreviation of journal names should be in compliance with Medline/PubMed. Journals that are not indexed by Medline/PubMed should be given in full name. Abbreviations of the journals in Medline/PubMed can be found in <http://www.ncbi.nlm.nih.gov/nlmcatalog>.

**Journal Article:** de Cillia, R., Reisigl, M., & Wodak, R. (1999). The discursive construction of national identity. *Discourse and Society*, 10(2), 149–173. <http://dx.doi.org/10.1177/0957926599010002002>.

**Turkish Article:** Mutlu, B., & Savaşer, S. (2007). Çocuğu ameliyat sonrası yoğun bakımda olan ebeveynlerde stres nedenleri ve azaltma girişimleri [Source and intervention reduction of stress for parents whose children are in intensive care unit after surgery]. *Istanbul University Florence Nightingale Journal of Nursing*, 15(60), 179–182.

**Book Section:** Bassett, C. (2006). Cultural studies and new media. In G. Hall & C. Birchall (Eds.), *New cultural studies: Adventures in theory* (pp. 220–237). Edinburgh, UK: Edinburgh University Press.

**Book with more than one author:** Kamien R., & Kamien A. (2014). *Music: An appreciation*. New York, NY: McGraw-Hill Education.

**Edited Book:** Ören, T., Üney, T., & Çölkesen, R. (Eds.). (2006). *Türkiye bilişim ansiklopedisi [Turkish Encyclopedia of Informatics]*. İstanbul, Turkey: Papatya Yayıncılık.

**Dissertation/Thesis abstracted in Dissertations Abstracts International:** Appelbaum, L. G. (2005). Three studies of human information processing: Texture amplification, motion representation, and figure-ground segregation. *Dissertation Abstracts International: Section B. Sciences and Engineering*, 65(10), 5428.

**Symposium Contribution:** Krinsky-McHale, S. J., Zigman, W. B., & Silverman, W. (2012, August). Are neuropsychiatric symptoms markers of prodromal Alzheimer's disease in adults with Down syndrome? In W. B. Zigman (Chair), *Predictors of mild cognitive impairment, dementia, and mortality in adults with Down syndrome*. Symposium conducted at the meeting of the American Psychological Association, Orlando, FL.

**Advance Online Publication:** Smith, J. A. (2010). Citing advance online publication: A review. *Journal of Psychology*. Advance online publication. <http://dx.doi.org/10.1037/a45d7867>

## REVISIONS

When submitting a revised version of a paper, the author must submit a detailed “Response to the reviewers” that states point by point how each issue raised by the reviewers has been covered and where it can be found (each reviewer's comment, followed by the author's reply and line numbers where the changes have been made) as well as an annotated copy of the main document. Revised manuscripts must be submitted within 30 days from the date of the decision letter. If the revised version of the manuscript is not submitted within the allocated time, the revision option may be canceled. If the submitting author(s) believe that additional time is required, they should request this extension before the initial 30-day period is over.

Accepted manuscripts are copy-edited for grammar, punctuation, and format. Once the publication process of a manuscript is completed, it is published online on the journal's webpage as an ahead-of-print publication before it is included in its scheduled issue. A PDF proof of the accepted manuscript is sent to the corresponding author and their publication approval is requested within 2 days of their receipt of the proof.

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## EDITORIAL

DOI: 10.5152/FNJN.2020.0750

Dear readers,

2020 is the 200th anniversary of Florence Nightingale, the worldwide founder of modern nursing. Therefore, the World Health Organization has designated 2020 the International Year of the Nurse and the Midwife. This year, nurses have demonstrated their strength by showing outstanding success in the prevention and treatment of the covid 19 outbreak. As the journal bearing the name of Florence Nightingale, we celebrate of all nurses.

In the June 2020 issue of our journal, there are 12 research articles in various fields of nursing science. Three of these articles titled *“Sleep Problems and Effective Factors in Preschool Children”*, *“The Relationship between University Students’ Beliefs toward Mental Illness and Stigmatization”* and *“Information Requirements and Sources of Families of Mainstreaming Students Elementary Education Model in Respect of Socioeconomic Development Levels”* are in the field of school health.

Articles titled *“Symptom Clustering and Its Effect on Functional Status in Lymphoma Patients”* and *“Experiences of Women after Breast Cancer Surgery”* provide new information for the care of patients with lymphoma and breast cancer.

Other articles in this issue are in the fields of mental health, pediatric nursing, old age, heart health, obesity, type 2 diabetes and pregnancy period and these are important studies providing new information for nursing science in these areas. Dear readers, We wish the articles in this issue to be useful for your studies.

Dear readers, as you know, our journal is indexed in ESCI and SCOPUS which are international indexes. Our application process to PubMed will begin later in 2020. We are making important changes in our journal before the application. First of all, our journal will be published in English. Also from March 2020, Florence Nightingale Journal of Nursing will adopt the ICMJE’s clinical trial registration policy, which requires that clinical trials must be registered in a publicly accessible registry that is a primary register of the WHO International Trials Registry Platform (ICTRP) or in ClinicalTrials.gov. The name of the registry and the registration number should be provided in the Title Page during the initial submission.

Another important goal for our journal is to be indexed in SCI-Expanded. In order to achieve this goal, the articles in our journal need more citation. We are waiting for your support in this regard. We know that you, our esteemed readers, have an important place in our journal reaching this level.

Yours truly,  
Prof. Dr. M. Nihal ESİN  
Editor in Chief